
Men 60m Sprint Fest

Round 1

Heat 1

1	Leevan Yearwood	LondN	6.82
2	Alex Nelson	Birm	6.83
3	Ryan Moseley	LondS	6.90
4	Tom Martin	Manch	6.94
5	William Sharman	Oxford	6.95
6	Somto Eruchie	Sheff	6.99
7	Neil Burnside	Glasg	7.20

Heat 2

1	Paul Payne	-	7.04
2	Andrew Mensah	-	7.04
3	James Bridge	LondN*	7.09
4	Ricardo Francis	-	7.32
5	Fraser Young	-	7.67
6	Rhys Hawkes	-	7.86

Heat 3

1	Nick Smith	-	6.83
2	Paul Judson	-	7.07
3	Bradley Williams	-	7.10
4	Wyn Roberts	-	7.13
5	Hamin Lubdga	-	7.19
6	Tim Howells	-	7.29
7	Joe Appiah	-	7.40

Final A

1	Leevan Yearwood	LondN	6.87
2	Nick Smith	-	6.88
3	Ryan Moseley	LondS	6.90
4	Paul Payne	-	6.95
5	William Sharman	Oxford	6.96
6	Tom Martin	Manch	7.06

Final B

1	Bradley Williams	-	7.01
2	Paul Judson	-	7.03
3	Andrew Mensah	-	7.15
4	Wyn Roberts	-	7.18
5	Tim Howells	-	7.23

Men 200m

Merged Final

1	Rikki Fifton	LondN	21.28
2	Somto Eruchi	Sheff	21.49
3	Alan Low	Glasg	22.11
4	James Bridge	LondS	22.32
5	Andy Wilkinson	Manch	22.33
6	Adam Daish	Oxford	22.73
7	Tom O'Brien	Manch*	22.91

Men 200m A

1	Somto Eruchi	Sheff	21.49
2	Alan Low	Glasg	22.11
3	Andy Wilkinson	Manch	22.33

Men 200m B

1	Rikki Fifton	LondN	21.28
2	James Bridge	LondS	22.32
3	Adam Daish	Oxford	22.73
4	Tom O'Brien	Man*	22.91

Men 400m

Merged Final

1	Steve Green	Bristo	47.43
2	Phil Taylor	Manch	48.07
3	David Martin	Glasg	48.15
4	Grant Baker	ShefAc	48.21
5	Nick Leavey	LondS	49.18
6	Phil Octave	LondN	49.19
7	Scott Partkya	GL*	51.70

Men 400m A

1	Phil Taylor	Manch	48.07
2	David Martin	Glasg	48.15
3	Grant Baker	ShefAc	48.21
4	Scott Partkya	GlasAc	51.70

Men 400m B

1	Steve Green	Bristo	47.43
2	Conrad Williams	LondS	49.18
3	Phil Octave	LondN	49.19

Men 800m

Final

1	Chris Reynolds	LondN	1:49.27
2	Darren St Clair	LondN*	1:51.16
3	Chris Bryant	Manch	1:53.28
4	Tom Druce	Bristo	1:55.09
5	Martyn Gibbons	Sheff	1:56.11
6	David Boyce	LondS	1:58.46
7	Nicholas Moore	Glasg	1:59.61

Men 1500m

Final

1	Gavin Keight	Sheff	3:57.49
2	Mark Sanford	LondN	3:57.88
3	Matthew Warley	Birm	3:58.58
4	Owain Matthews	Oxford	4:00.81
5	Matt Wood	Manch	4:01.58
6	Richard Airey	LondS	4:10.27
7	Martin Hayes	Glasg	4:13.75
8	Dan Wooldford	Bristo	4:21.03

Men 60m Hurdles

Merged Final

1	Gianni Frankis	LondN	7.87
2	Will Sharman	Oxford	7.93
3	Duncan Malins	LondS	7.96
4	Dominic Girdler	Sheff	7.98
5	Nick Gayle	Birm	8.08
6	Edward Dunford	Birm*	8.45
7	Neale Kelly	Glasg	8.69
8	Ashley Pritchard	Manch	9.00

Men Medley Relay

Final

1	London North	LondN	4:25.57
2	Sheffield	Sheff	4:29.72
3	Manchester	Manch	4:30.94
4	Glasgow	Glasg	4:33.88
5	London South	LondS	4:45.36

Men High Jump

1	Tom Parsons	Birm	2.21
2	Rob Mitchell	Manch	2.12
3	Martin Lloyd	LondS	2.12
4	Robbie Grabarz	Oxford	2.09
5	Matt Roberts	BirmAc	2.06
6	Darren Hammond	Manch*	2.06
7	Wani Mkandawire	Sheff	2.00
8	Craig Baker	LondN	1.90
9	Edward Mason	Bristo	1.85

Men Long Jump

1	Leigh Smith	Birm	7.19
2	James Grocock	Bristo	7.18
3	Jacob Brown	Sheff	7.07
4	Jon Ramos	LondN	7.06
5	John Carr	Glasg	6.93
6	Matt Burton	LondS*	6.61
7	Joe Appiah	LondS	6.47
8	Andrew Robinson	Manch	6.30

Men Triple Jump

1	Nick Thomas	LondNA	15.99
2	Julian Golley	LondN	15.70
3	John Carr	Glasg	14.96
4	Matthew Burton	LondS	14.80
5	David Budd	Sheff	14.42
6	Paul Weston	Bristo	14.04
7	David Watson	GlasAc	13.69
8	Andrew Robinson	Manch	12.87

Men Pole Vault

1	Christian North	Bristo	5.00
2	Luke Cutts	Sheff	5.00
3	Andy Marsh	Birm	4.50
4	Chris Mills	Oxford	4.50
5	Rob Proctor	Manch	4.30
6	Matthew Dorrian	Glasg	4.10
7	James Wright	LondN	4.10

Men Shot

1	Jamie Williamson	Sheff	16.12
2	Neil Elliot	Glasg	15.85
3	Dan Brunt	Sheff*	15.28
4	Edward Dunford	Birm	14.21
5	Craig Baker	LondN	11.41
6	Steve Killen	Manch	10.11
7	Ryan Moseley	LondS	9.72

Women 60m Sprint Fest

Heat 1

1	Montell Douglas	LondS	7.36
2	Jessica Ennis	Sheff	7.47
3	Gemma Bennett	LondN	7.61
4	Emma Bailey	Oxford	7.64
5	Kate Read	Manch	7.81
6	Emma Heath	Bristo	7.93
7	Sara Whigham	Glasg	7.96
8	Aimee Palmer	Birm	7.97

Heat 2

1	Julie White	-	7.75
2	Claire Spurway	-	7.75
3	Helen Asher	-	7.77

Final

1	Montell Douglas	LondS	7.4
2	Emma Bailey	Oxford	7.7
3	Julie White	-	7.8
4	Kate Read	Manch	7.8
5	Claire Spurway	-	7.9

Women 200m

Merged Final

1	Joey Duck	Oxford	24.14
2	Ellena Ruddock	Birm	24.37
3	Rebecca Sweeney	Manch	24.51
4	Emma Heath	Bristo	24.83
5	Kelly Massey	Birm*	24.94
6	Susan Bovill	LondS	24.95
7	Sarah Adams	Sheff	25.47
8	Heather Shepherd	LondN	26.64

Women 200m A

1	Ellena Ruddock	Birm	24.37
2	Rebecca Sweeney	Manch	24.51
3	Sarah Adams	Sheff	25.47

Women 200m B

1	Joey Duck	Oxford	24.14
2	Emma Heath	Bristo	24.83
3	Kelly Massey	BirmAc	24.94
4	Susan Bovill	LondS	24.95
5	Heather Shepherd	LondN	26.64

Women 400m
Merged Final

1	Rebecca Sweeney	Manch	54.50
2	Lesley Owusu	Oxford	54.83
3	Karen Harewood	Guest	55.52
4	Sarah Tomlins	LondS	55.74
5	Seemita Gumbs	Bristo	56.25
6	Sarah Adams	Sheff	56.73
7	Elaine O'Neill	Bristo	58.83
8	Nicola Martell	LondN	60.61
9	Aisling McGhee	Glasg	60.97

Women 400m A

1	Rebecca Sweeney	Manch	54.50
2	Seemita Gumbs	Bristo	56.25
3	Sarah Adams	Sheff	56.73
4	Aisling McGhee	Glasg	60.97

Women 400m B

1	Lesley Owusu	Oxford	54.83
2	Karen Harewood	Guest	55.52
3	Sarah Tomlins	LondS	55.74
4	Elaine O'Neill	Bristo	58.83
5	Nicola Martell	LondN	60.61

Women 800m
Final

1	Celia Brown	Birm	2:04.15
2	Vicky Griffiths	Manch	2:06.89
3	Michaela Hutchinson	LondN	2:08.07
4	Claire Nichols	Bristo	2:08.30
5	Helen Singleton	Sheff	2:14.74
6	Sarah Hood	Glasg	2:15.30
7	Nikki Tribe	LondS	2:16.21
8	Abbey McGhee	Glasg*	2:19.74

Women 1500m
Final

1	Hannah England	Oxford	4:17.70
2	Charlotte Best	LondS	4:21.87
3	Ellie Stevens	Sheff	4:25.15
4	Celia Brown	Birm	4:33.98
5	Emma Reed	Bristo	4:36.22
6	Ruth Senior	OxfAce	4:36.92
7	Bernadine Pritchett	LondN	4:42.62
8	Amy Regan	Manch	5:14.03

Women 60m Hurdles
Heat 1

1	Fiona Harrison	ShefAc	8.54
2	Kate Read	Manch	8.57
3	Nony Mordi	Glasg	8.94
4	Helen Asher	MA*	9.01
5	Lauren Ambrose	Oxford	9.40

Heat 2

1	Sarah Claxton	LondNA	8.13
2	Gemma Bennett	Guest	8.14
3	Jessica Ennis	Sheff	8.31
4	Serita Solomon	LondS	8.46
5	Julie Pratt	LondN	8.68

Merged Final

1	Sarah Claxton	LondNA	8.13
2	Gemma Bennett	Guest	8.14
3	Jessica Ennis	Sheff	8.31
4	Serita Solomon	LondS	8.46
5	Fiona Harrison	ShefAc	8.54
6	Kate Read	Manch	8.57
7	Julie Pratt	LondN	8.68
8	Nony Mordi	Glasg	8.94
9	Helen Asher	MA*	9.01
10	Lauren Ambrose	Oxford	9.40

Women Medley Relay
Final

1	Manchester	Manch	5:05.27
2	Oxford	Oxford	5:05.96
3	London South	LondS	5:12.06
4	Sheffield	Sheff	5:20.76
5	London North	LondN	5:29.75
6	Glasgow	Glasg	5:30.41

Women High Jump

1	Julie Crane	Birm	1.87
2	Stephanie Pywell	Sheff	1.80
3	Julia Bennett	LondS	1.74
4	Katia Lannon	Manch	1.74
5	Lucy Hodgkins	Oxford	1.68
6	Sade Thompson	Bristo	1.68
7	Gillian Black	Glasg	1.60
:=	Eloise Newman	LondN	1.60

Women Long Jump

1	Jessica Ennis	Sheff	6.19
2	Katia Lannon	Manch	5.83
3	Sara Rossiter	Bristo	5.76
4	Sarah Wellstead	LondS	5.76
5	Aimee Palmer	Birm	5.62
6	Hannah Frankson	LondN	5.49
7	Aimee Richardson	Oxford	5.48
8	Claire Linskill	Brist*	5.45
9	Lisa Ferguson	Glasg	5.39

Women Triple Jump

1	Ashia Hansen	Birm	13.46
2	Nadia Williams	LondN	13.27
3	Stephanie Aneto	LondNA	12.63
4	Denea Matthew	Sheff	12.62
5	Nony Mordi	Glasg	12.57
6	Claire Linskill	Bristo	11.99
7	Imogen Miles	Oxford	11.45
8	Julia Bennett	LondS	11.39
9	Katia Lannon	Manch	10.45
10	Sophie Bell-Morgan	Guest	10.26

Women Pole Vault

1	Emma Lyons	Sheff	4.05
2	Louise Butterworth	Bristo	3.90
3	Jennifer Graham	Glasg	3.80
4	Fiona Harrison	ShefAc	3.70
5	Michelle Shorrock	Manch	3.40
6	Eilidh Dorrian	GlasAc	3.40
7	Kerry Passmore	Birm	2.80

Women Shot

1	Jo Duncan	LondN	15.89
2	Alison Roger	Glasg	15.25
3	Eleanor Gatrell	LondS	15.05
4	Kara Ndowbdie	ManAce	14.99
5	Eden Francis	ShefAc	14.99
6	Gemma Llewelyn	Manch	11.61
7	Julia Bennett	LondS*	11.51
8	Sophie Thomas	Bristo	10.13

Final Team Results

1	Sheffield	165.9
2	London North	161.0
3	Manchester	142.0
4	London South	126.5
5	Birmingham	122.5
6	Glasgow	114.5
7	Oxford	88.0
8	Bristol	84.0